



Please send completed form to
billing@tbsmga.com



*Dependent children are eligible for coverage through the age of 25 regardless of marital status, student status, or eligibility for coverage under another plan



Employee Enrollment and Change Form 2026

PLAN SELECTIONS	
Medical and Prescription Drug (Rx) Plan Selection Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc	☐ Employee only (EE) ☐ EE & Spouse ☐ EE & + Children ☐ EE & Family Please see your employer for plan details. If more than one health plan is offered, please write in your choice, including the group number below: Health Plan _____ Group number _____
Dental Plan Selection Ameritas Dental or Delta Dental of Washington	☐ Employee only (EE) ☐ EE & Spouse ☐ EE & + Children ☐ EE & Family Dental Plan Choice: _____
Vision Plan Selection Ameritas Vision or VSP Direct	☐ Employee only (EE) ☐ EE & Spouse ☐ EE & + Children ☐ EE & Family Vision Plan Choice: _____
Employee Signature: The undersigned understands that it is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purposes of defrauding the company. Penalties include imprisonment, fines and denial of insurance benefits. The changes on this form supersede all previous forms submitted. I authorize my employer to deduct from my earnings the amount, if any, for the coverage selected.	
Employee Signature	Date Signed

Endorsed Carrier Contact Information

Total Benefit Solutions: 155 108th Ave NE, Ste. 800, Bellevue, WA 98004; Customer Service 800.514.4850

Kaiser Permanente: 2715 Naches Ave. SW Renton, WA 98057; Customer Service 888.901.4636

Ameritas: 5900 O Street, Lincoln, NE 68501; Customer Service 800.659.2223

Delta Dental of Washington: 400 Fairview Ave N, Seattle, Washington 98109-5371

VSP Direct: 3333 Quality Drive, Rancho Cordova, CA 95670