## PLAN DESIGN AND BENEFITS - AK Bronze PPO Plus 5850 80/60/50 HSA-E (2018)

	AK Group Business 1-50 Employee			
PLAN FEATURES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Primary Care Physician Selection	Not applicable	Not applicable	Not applicable	
Deductible (per calendar year)	\$5,850 Individual \$11,700 Family	\$5,850 Individual \$11,700 Family	\$11,700 Individual \$23,400 Family	
Unless otherwise indicated, the deductible	must be met before benefits of	can be paid.		
Y (Tier1/2 only)		•		
As indicated in the plan, member cost sha	ring for certain services are ex	cluded from the charges to r	neet the deductible.	
No one family member may contribute mo	re than the individual deductib	le amount to the family dedu	ctible.	
Member Coinsurance (applies to all expenses unless otherwise stated)	20% 40%		50%	
Out-of-Pocket (OOP) Maximum (per calendar year, includes deductible)	\$6,550 Individual \$6,550 Individual \$13,100 Family \$13,100 Family		\$13,100 Individual \$26,200 Family	
Y (Tier1/2 only)				
Only those out-of-pocket expenses resulting used to satisfy the out of pocket maximum	ng from the application of coin	surance percentage, deducti	bles, and copays may be	
No one family member may contribute mo maximum.	re than the individual out-of-po	ocket maximum amount to th	e family out-of-pocket	
Payment for Out-of-Network Care*	Not applicable	Not applicable	Professional: Fair Health 90% Facility: Billed Charges	
Certification Requirements				
Certification for hospital admissions, treatr hospice care is required. If the necessary occurence  Referral Requirement	certification is not received, pa	yment for services will be re	duced by 50% up to \$400 per  Not applicable	
Benefit Limitations For any service or	· · · · · · · · · · · · · · · · · · ·			
supplies accumulate toward both the partice	cipating provider and non-part	icipating provider benefit limi	ts under this plan.	
PHYSICIAN SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE	OUT-OF-NETWORK CAR	
Office Visits to Non-Specialist	20% after deductible	40% after deductible	50% after deductible	
Includes services of an internist, general p injury.	hysician, family practitioner or	pediatrician for diagnosis a	nd treatment of an illness or	
Specialist Office Visits	20% after deductible	40% after deductible	50% after deductible	
Walk-in Clinics	20% after deductible Paid at the designated leve		I 50% after deductible	
Walk-in clinics are network, free-standing unscheduled, non-emergency illnesses an emergency room services or the ongoing of a hospital, is considered a walk-in clinic	d injuries and the administration of the designation of the care provided by a physician. It	on of certain immunizations.	It is not an alternative for	
Maternity - Delivery and Post-Partum Care	20% after deductible	40% after deductible	50% after deductible	
Allergy Testing (given by a physician)	20% after deductible	40% after deductible	50% after deductible	
Allergy Injections (not given by a obysician)	20% after deductible	40% after deductible	50% after deductible	
PREVENTIVE CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Preventive care services are covered in a	ccordance with Health Care Re			

Routine Adult Physical Exams and Immunizations Coverage is limited to 1 exam every 12 months.	Covered in full	Covered in full	50% after deductible	
Well Child Exams and Immunizations Coverage is limited 7 exams in the first 12 months of life; 3 exams in the second 12 months of life; 3 exams in the third 12 months of life; 1 exam every 12 months thereafter to age 22.	Covered in full  Covered in full		50% after deductible	
Routine Gynecological Exams Includes Pap smear, HPV screening and related lab fees. Coverage is limited to 1 exam every 12 months.	Covered in full	Covered in full	50% after deductible	
Routine Mammograms For covered females age 40 and over. Frequency schedule applies.	Covered in full	Covered in full	50% after deductible	
Women's Health Includes: Screening for gestational diabetes; HPV (Human Papillomavirus) DNA testing, counseling for sexually transmitted infections; counseling and screening for human immunodeficiency virus; screening and counseling for interpersonal and domestic violence; breastfeeding support, supplies and counseling; Limitations may apply.	Covered in full	Covered in full	Member cost sharing is based on the type of service performed and the place of service where it is rendered.	
Prenatal Maternity	Covered in full	Covered in full	50% after deductible	
Routine Digital Rectal Exam / Prostate-Specific Antigen Test For covered males age 40 and over. Frequency schedule applies.	Covered in full	Covered in full	50% after deductible	
Colorectal Cancer Screening Sigmoidoscopy and Double Contrast Barium Enema - 1 every 5 years for all members age 50 and over. Preventive Colonoscopy - 1 every 10 years for all members age 50 and over. Fecal Occult Blood Testing - 1 every year for all members age 50 and over.	Covered in full	Covered in full	50% after deductible	
Routine Eye and Hearing Screenings	Paid as part of routine physical exam.	Paid as part of routine physical exam.	Paid as part of routine physical exam.	
HEARING SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Hearing Exam (by Specialist) Coverage is limited to 1 exam every 36 months.	20% after deductible	Paid at the designated level	20% after deductible	
Hearing Aid Coverage is limited to 1 every 36 months up to a \$1,000 maxiumum.	20% after deductible	Paid at the designated level	20% after deductible	
VISION SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	
Adult Routine Eye Exams (Refraction) Coverage is limited to 1 exam per calendar year.	10% after deductible	Paid at the designated level	10% after deductible	
Pediatric Routine Eye Exams (Refraction) Coverage is limited to 1 exam per calendar year age 0-19.	20% after deductible	Paid at the designated level	20% after deductible	
Adult Vision Hardware Coverage for vision supplies (eyeglass frames, prescription and contact lenses) is limited to \$350 per year.	Covered in full after deductible	Covered in full after deductible	Covered in full after deductible	

Pediatric Vision Hardware Coverage is limited to 1 set of frames and 1 set of contact lenses or eyeglass lenses per calendar year age 0-19.	Covered in full after deductible Paid at the designated level		50% after deductible
DIAGNOSTIC PROCEDURES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE
Outpatient Diagnostic Laboratory	20% after deductible	40% after deductible	50% after deductible
Outpatient Diagnostic X-ray (except for Complex Imaging Services)	20% after deductible	40% after deductible	50% after deductible
Outpatient Diagnostic X-ray for Complex Imaging Services Including, but not limited to, MRI, MRA, PET and CT scans. Precertification required.	20% after deductible	40% after deductible	50% after deductible
EMERGENCY MEDICAL CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE
Urgent Care Provider (Benefit Availability may vary by location.)	20% after deductible	Paid at the designated level	50% after deductible
Non-Urgent Use of Urgent Care Provider	20% after deductible	Paid at the designated level	50% after deductible
Emergency Room	20% after deductible	Paid at the designated level	Paid at the designated level
Non-Emergency care in an Emergency Room	20% after deductible	Paid at the designated level	50% after deductible
Emergency Ambulance	20% after deductible	Paid at the designated level	Paid at the designated level
Non-Emergency Ambulance	20% after deductible	Paid at the designated level	Paid at the designated level
HOSPITAL CARE	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE
Inpatient Coverage Including maternity (prenatal, delivery and postpartum) and transplants.	20% after deductible	40% after deductible	50% after deductible
Outpatient Surgery Provided in an outpatient hospital department or freestanding surgical facility.	20% after deductible	40% after deductible	50% after deductible
Colonoscopy (non-preventive)	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.	Member cost sharing is based on the type of service performed and the place rendered.
Transplants Coverage at the in-network cost share is limited to IOE only. Non-IOE par facilities and out-of-network facilities are covered at out-of-network cost sharing.	20% after deductible	50% after deductible	50% after deductible
MENTAL HEALTH and SUBSTANCE USE SERVICES	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE
Inpatient Mental Health & Substance Use Services	20% after deductible	40% after deductible	50% after deductible
Outpatient Office Visit Mental Health & Substance Use Services	20% after deductible	40% after deductible	50% after deductible
Outpatient Othert Mental Health & Substance Use Services (e.g,:partial hospitalization programs, intensive outpatient programs, applied behavior analysis)	20% after deductible	40% after deductible	50% after deductible

OTHER SERVICES AND PLAN DETAILS	NETWORK CARE DESIGNATED PROVIDER NON-DESIGNATED PROVIDER		OUT-OF-NETWORK CARE	
Skilled Nursing Facility Coverage is limited to 60 days per calendar year.	20% after deductible 40% after deductible		50% after deductible	
Home Health Care Coverage is limited to 130 visits per calendar year. 1 visit equals a period of 4 hours or less.	20% after deductible	40% after deductible	50% after deductible	
Infusion Therapy Provided in the home or physician's office.	20% after deductible	40% after deductible	50% after deductible	
Infusion Therapy Provided in the outpatient hospital department of freestanding facility.	20% after deductible	40% after deductible	50% after deductible	
Inpatient Hospice Care	20% after deductible	40% after deductible	50% after deductible	
Outpatient Hospice Care	20% after deductible	40% after deductible	50% after deductible	
Private Duty Nursing - Outpatient	Not covered	Not covered	Not covered	
Outpatient Short-Term Rehabilitation - Physical Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.	20% after deductible	40% after deductible	50% after deductible	
Coverage is limited to 45 visits per calendar year PT/OT/ST/MT combined, rehabilitation & habilitation separate.				
Outpatient Short-Term Rehabilitation - Occupational Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.  Coverage is limited to 45 visits per	20% after deductible	40% after deductible	50% after deductible	
calendar year PT/OT/ST/MT combined, rehabilitation & habilitation separate.				
Outpatient Short-Term Rehabilitation - Speech Therapy If provided in the outpatient hospital department, paid under outpatient hospital benefit.	20% after deductible	40% after deductible	50% after deductible	
Coverage is limited to 45 visits per calendar year PT/OT/ST/MT combined, rehabilitation & habilitation separate.				
Outpatient Chiropractic If provided in the outpatient hospital department, paid under outpatient hospital benefit.	20% after deductible	40% after deductible	50% after deductible	
Coverage is limited to 12 visits per calendar year.				
Acupuncture Coverage is limited to 12 visits per calendar year.	20% after deductible	40% after deductible	50% after deductible	
Durable Medical Equipment	50% after deductible	50% after deductible	50% after deductible	
Diabetic Supplies not obtainable at a pharmacy	Covered same as any other medical expense.	Covered same as any other medical expense.	Covered same as any other medical expense.	
FAMILY PLANNING	NETWORK CARE DESIGNATED PROVIDER	NETWORK CARE NON-DESIGNATED PROVIDER	OUT-OF-NETWORK CARE	

based on th	e type of service	based on the type of	g is service	50% after deductible	
performed and the place		Member cost sharing is based on the type of service performed and the place rendered.			
Not covered		Not covered		Not covered	
Not covered		Not covered		Not covered	
20% after deductible		40% after deductible		50% after deductible	
				50% after deductible	
NETWORK CARE DESIGNATED PROVIDER		NON-DESIGNA		OUT-OF-NETWORK CAR	
Covered in full after deductible		Paid at the designated level		Covered in full after deductible	
30% after deductible		Paid at the designated level		30% after deductible	
50% after deductible		Paid at the designate	ed level	50% after deductible	
50% after deductible		Paid at the designated level		50% after deductible	
Prescription drug calendar year deductible		network pharmacy are subject to the in-network medical deductible which must be satisfied before any		ption drugs purchased at a k pharmacy are subject to the k medical deductible which e satisfied before any ption drug benefits are paid.	
J				T-OF-NETWORK CARE	
	\$15 copayment	after deductible 50% after		er deductible	
Preferred Brand Drugs		nt after deductible 50% after dedu		er deductible	
	after deductible	ole deduct			
Specialty Drugs Includes self-injectable, infused and oral specialty drugs (retail and mail order up to a 30-day supply, excludes insulin).		deductible deduct Specia		ialty Nonpreferred: 50% after	
	mail order, you i 90 days – exclu- when compared purchase your p	may save money 31- des specialty drugs to the cost to prescriptions at your			
Generic Drugs		yment after deductible 50% af		er deductible	
Preferred Brand Drugs				er deductible	
Non-Preferred Drugs				: & Brand: 50% after ole	
Specialty Drugs Includes self-injectable, infused and oral specialty drugs		Not cove Not cove			
	20% after de Covered in NETW DESIGNAT Covered in deductible 30% after de 50% after	20% after deductible  Covered in full  NETWORK CARE DESIGNATED PROVIDER  Covered in full after deductible  30% after deductible  50% after deductible  NETW  ble  Prescription dru network pharma in-network medi must be satisfie prescription dru, NETW  \$15 copayment Generic & Branc after deductible  Specialty Nonpr \$750 after dedu When you fill you mail order, you 90 days — exclu when compared purchase your plocal retail pharm \$37.50 copayment \$162.50 copayment Generic & Branc after deductible Not covered	20% after deductible Covered in full  NETWORK CARE DESIGNATED PROVIDER Covered in full after deductible  Covered in full after deductible  Covered in full after deductible  Paid at the designate  Paid at the designate  Paid at the designate  Paid at the designate  NETWORK CARE  Paid at the designate  NETWORK CARE  Prescription drugs purchased at a network pharmacy are subject to the in-network medical deductible which must be satisfied before any prescription drug benefits are paid.  NETWORK CARE  S15 copayment after deductible  Generic & Brand: \$100 copayment after deductible  Specialty Preferred: 40% up to \$500 after deductible  Specialty Preferred: 50% up to \$750 after deductible  When you fill your prescription by mail order, you may save money 31-90 days — excludes specialty drugs when compared to the cost to purchase your prescriptions at your local retail pharmacy.  \$37.50 copayment after deductible  Generic & Brand: \$250 copayment after deductible  Specialty Not covered  Not covered  Not covered  Not covered  Not covered	20% after deductible Covered in full Covered in full NETWORK CARE DESIGNATED PROVIDER Covered in full after deductible  Covered in full after deductible  Paid at the designated level  NETWORK CARE Description drugs purchased at a network pharmacy are subject to the in-network medical deductible which must be satisfied before any prescription drug benefits are paid.  NETWORK CARE Description drug benefits are paid.  NETWORK CARE DU  Prescription drugs purchased at a network pharmacy are subject to the in-network must be satisfied before any prescription drug benefits are paid.  NETWORK CARE DU  Prescription drugs purchased at a network pharmacy are subject to the in-network must be satisfied before any prescription drug benefits are paid.  NETWORK CARE DU  Paid at the designated level  Prescription drugs purchased at a network pharmacy are subject to the in-network must be satisfied before any prescription drug benefits are paid.  NETWORK CARE DU  Prescription drugs purchased at a network pharmacy are subject to the in-network must be satisfied before any prescription drug benefits are paid.  NETWORK CARE OU  Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 50% up to \$750 after deductible Specialty Preferred: 50% up to \$750 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 50% up to \$750 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 50% up to \$500 after deductible Specialty Preferred: 40% up to \$500 after deductible Specialty Preferred: 40% up to \$500 a	

**Choose Generic -** Included. See Aetna Formulary for details.

If the physician prescribes or the member requests a covered brand name prescription drug when a generic prescription drug equivalent is available, the member will pay the difference in cost between the brand name prescription drug and the generic prescription drug equivalent plus the applicable cost-sharing. The cost difference between the generic and brand does not count toward the Out of Pocket Maximum.

Precertification - Included. See Aetna Formulary for details.

Step Therapy - Included. See Aetna Formulary for details.

## **Pharmacy Plan includes:**

Diabetic supplies obtainable from a pharmacy (Including: needles, syringes, test strips, lancets and alcohol swabs - available at retail or mail order).

Coverage is excluded for lifestyle/performance drugs.

Formulary generic FDA-approved Womens Contraceptives covered 100% in network.

## In-Network and Out-of-Network Providers

\*We cover the cost of services based on whether doctors are "in-network" or "out-of-network". We want to help you understand how much Aetna pays for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a provider who is out-of-network, your Aetna health plan may pay some of that provider 's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

Your doctor sets his or her own rate to charge you. It may be higher - sometimes much higher - than what your Aetna plan "recognizes". Your non-network doctor may bill you for the dollar amount that Aetna doesn't "recognize". You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums.

To learn more about how we pay out-of-network benefits visit www.aetna.com. Type "how Aetna pays" in the search box.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to **www.aetna.com** and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Aetna Navigator member site.

This applies when you choose to get care out-of-network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in the network. You pay cost sharing and deductibles for your in-network level of benefits. Contact Aetna if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

## **What's Not Covered**

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design purchased.

- All medical or hospital services not specifically covered in or which are limited or excluded in the plan documents
- Charges related to any eye surgery mainly to correct refractive errors
- · Cosmetic surgery, including breast reduction
- · Custodial care
- · Adult dental care and x-rays
- · Donor egg retrieval
- Experimental and investigational procedures
- · Immunizations for travel or work
- Infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT,
   GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents
- Non-medically necessary services or supplies
- · Orthotics except as specified in the plan
- Over-the-counter medications and supplies
- · Reversal of sterilization
- Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, counseling and prescription drugs
- Special duty nursing
- Weight reduction programs, or dietary supplements

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents (i.e. Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitation relating to the plan. With the exception of Aetna Rx Home Delivery, all preferred providers and vendors are independent contractors in private practice and are neither employees nor agents of Aetna or its affiliates. Aetna Rx Home Delivery, LLC, is a subsidiary of Aetna Inc. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice.

Certain services require precertification, or prior approval of coverage. Failure to precertify for these services may lead to substantially reduced benefits or denial of coverage. Some of the benefits requiring precertification may include, but are not limited to, inpatient hospital, inpatient mental health, inpatient skilled nursing, outpatient surgery, substance abuse (detoxification, inpatient and outpatient rehabilitation). When the Member's preferred provider is coordinating care, the preferred provider will obtain the precertification. Precertification requirements may vary.

If your plan covers outpatient prescription drugs, your plan includes a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step therapy, please refer to our website at **www.aetna.com**, or the Aetna Medication Formulary Guide. Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. In addition, in circumstances where your prescription plan uses copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.

Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna, Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.

While this information is believed to be accurate as of the print date, it is subject to change.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Benefits are provided by Aetna Life Insurance Company (ALIC).

For more information about Aetna plans, refer to www.aetna.com.

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