

Elevating quality to support your people and business

MetLife SpotLite on Oral HealthSM

Prevention sets the stage for healthier, more confident employees

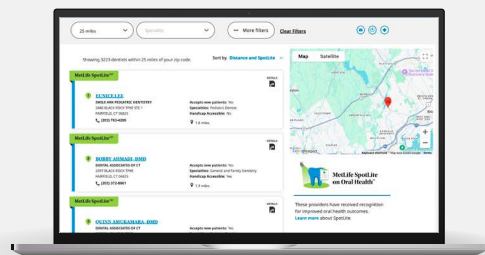
MetLife is leading the way in creating a more preventive approach to care. MetLife SpotLite on Oral Health connects your employees to general and pediatric dentists who put proactive care front and center.

The SpotLite program¹ leverages trusted protocols — including, but not limited to — CAMBRA and DQA to identify providers who are committed to better health outcomes and patient experiences. For your employees, that means living healthier through fewer complex and costly procedures² and improved overall well-being.

Finding high-quality providers just got easier

With **MetLife’s Find a Dentist tool**, employees can easily connect with providers who prioritize preventive care — right in their area.

Over the past year, the number of SpotLite-designated providers grew by 36%.³ Now your employees have even more opportunities to find cost-effective care that supports their total well-being.



SpotLite by the numbers: The power of leading with prevention



10%

higher preventive care delivery rates than non-SpotLite providers in 2024³



50%+

reduction in major restorative care from 2023 to 2024 through preventive care³



17%

lower average cost per member with SpotLite providers than other in-network providers⁴



41%

lower average cost per member with SpotLite providers than out-of-network providers⁴

Experience next-level quality where it counts



Your team

SpotLite helps your employees get more from their dental coverage with:

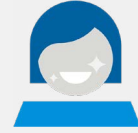
- **Caring support:** Clarity, education and guidance that promote healthier outcomes and encourage prevention
- **Confidence in care:** Fewer invasive, complex and costly treatments
- **Healthier futures:** A focus on oral health's connection to chronic conditions



Your organization

SpotLite helps employers manage costs more effectively through:

- A focus on prevention to help control the risk for disease and reduce the need for costly procedures
- Providers evaluated in an effective and consistent way leveraging trusted clinical standards (CAMBRA, DQA)
- Data-driven tools that make it easier to find quality care



Employees with dental insurance are:

1.2x

more likely to feel holistically healthy compared to those who do not own dental insurance⁵



See what's possible when benefits are designed to make a difference

Connect with your MetLife representative to learn how MetLife Dental can support the way you care for your employees.

[metlife.com](https://www.metlife.com)

¹ MetLife's SpotLite on Oral HealthSM is a special designation intended to identify certain PDP providers who have demonstrated a focus on improved health outcomes and have met qualifying criteria. This designation may be used by plan participants to find providers that better align with their healthcare needs. MetLife is not endorsing or otherwise recommending the use of a particular PDP provider.

² Savings from enrolling in a dental benefits plan will depend on various factors, including the cost of the plan, how often participants visit a dentist and the cost of services rendered.

³ Based on MetLife internal data, 2023, 2024 and year-to-date 2025.

⁴ Average cost per member is calculated as total benefits paid divided by total number of unique patients at the provider level when compared to other generalists and pediatrics in or out of the MetLife Dental network.

⁵ MetLife's 23rd Annual US Employee Benefit Trends Study, 2025.

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. You may be financially responsible for copayments, deductibles, or any other amounts in excess of those MetLife is required to pay for covered services as described in your dental certificate and/or policy. Ask your MetLife representative for costs and complete details.