

Better together

Aetna Whole HealthSM — Puget Sound plans

Member-focused, doctor-driven health care

A new way of looking at health care in Puget Sound

Aetna Whole Health plans are doctor-driven. That means we've designed a health care model that allows doctors and their care teams to do what they've been trained to do — provide quality medical care. We share actionable data, and pay doctors, in part, for better outcomes. This can help them:

- Shift their focus from reacting to members as they come into their office to proactively addressing their health issues
- Amplify their caregiving efforts as they evolve from treating individual cases to addressing their entire member population
- Enhance communication and information sharing between doctors, specialists, labs, emergency rooms and skilled nursing facilities across the health system

Save money on your health care premiums

When Aetna, Physicians Care Alliance, Providence-Swedish*, Rainier Health and Eastside Health Network team up, you can save on your health care premiums. That's because Aetna Whole Health plans are designed to:

- Reward doctors for improving patient care quality
- Lower medical cost growth over time by reducing waste, improving care coordination and closing care gaps
- Enhance each patient's experience with care management programs
- Support effective patient and primary care provider relationships

Plus, we target **7 – 13 percent** savings when compared to broad network Aetna[®] plans.**

*Providence-Swedish includes PacMed[™]. PacMed is a trademark of Pacific Medical Centers.

**Based on the assumption that Aetna Whole Health plan rates are 7 – 13 percent less than broad network Aetna plans in the market. For illustrative purposes only. Actual results may vary.



Aetna.com

Why Aetna Whole Health — Puget Sound?

The Puget Sound community trusts Physicians Care Alliance, Providence-Swedish Rainier Health and Eastside Health Network. That's because when you experience the ease of our care network, you'll also understand the benefits of coordinated care. You'll see more affordable health care costs. And you may notice improvements in your personal health. You can get this through:

- A clinically and financially integrated network
- A preferred network with high-quality providers who work together within an ecosystem of care
- Many community resources to coordinate care
- Enhanced population health management programs
- Improved access
- Better portfolio management

Better health, better care, better cost

The Aetna Whole Health — Puget Sound model offers you collaborative, evidence-based care. When you use doctors in our network, you can save money and get coordinated care. You'll also:

- Have doctors who communicate and coordinate across the network to help you make informed health care decisions
- Be a part of a health care community where all health care providers are focused on your unique health care needs
- Have access to numerous community-based health resources

What providers are in the network?

Providence-Swedish

- Includes PacMed

Rainier Health Network

- CHI Franciscan Health
- Northwest Physicians Network
- Highline Medical Services Organization

Physicians Care Alliance

- The Polyclinic
- Sound Family Medicine
- Western Washington Medical Group

Eastside Health Network

- EvergreenHealth
- Overlake Medical Center and Clinics

Get more value with
Aetna Whole Health — Puget Sound plans. Ask your Aetna representative how you could save with Aetna Whole Health plans.

Health insurance plans are offered and/or underwritten by Aetna Life Insurance Company (Aetna).

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Rates and benefits may vary by location. Health insurance plans contain exclusions and limitations. Providers are independent contractors and not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to health services. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Under your Aetna Whole Health plan, if your primary care provider is part of an integrated delivery system, your doctor and other integrated delivery system providers will generally refer you to specialists and hospitals that are affiliated with that delivery system. However, Aetna Whole Health providers that aren't part of the integrated network may not coordinate your care and the data may not be shared in the manner described. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna® plans, refer to **Aetna.com**.

